



Beat the Sun Up

Note: This track is designed to mildly energize you without distracting you from your thoughts. It's less of a song and more of a tool. Play it at the start of your walk, run, drive, or during work when you need a little pick up and focus.

Lyrics:

Few advantages are fairer than a head start to the day's race.

I beat the sun up

I beat the sun up

Our problems' solutions require thinking,
Which is more efficient when the phone isn't ringing.

Energized, and with an even mind,
Beating up the sun creates the time,
To think through challenges and prioritize solutions,
So that when we strap in it's straight to execution.

And now we're doing, we're on the attack
Free from inbox tyranny, as everyone else reacts
To summarize in a couple of words
It's hard to get ahead, when you get out of the gate with the herd.

I beat the sun up

I beat the sun up

The sun beats me down